

Heritage Park Primary School – PSHCE and RSE Scheme of Work 2020-2021

| | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
|-----------|---|---|---|---------------------------------|--|--|
| Reception | Beginning and Belonging MMR1 | Family and Friends (incl. anti-bullying) MMR2 My Emotions MMR3 | Identities & Diversity Cit1 Me and My World Cit2 | Healthy Lifestyles HSL3 | Keeping Safe (incl. Drug Education) HSL 2 | My Body and Growing Up HSL1 |
| Year 1 | Beginning and Belonging MMR BB1/2 | Family and Friends MMR FF1/2 Anti-bullying MMR AB1/2 | Diversity and Communities Cit DC1/2 | Managing Change MMR MC1/2 | Personal Safety HSL PS1/2 | Relationships & Sex Education HSL RS1 Drug Education HSL DE1/2 |
| Year 2 | Rights, Rules and Responsibilities Cit RR1/2 | My Emotions MMR ME1/2 Anti-bullying MMR AB1/2 | Working Together Cit WT1/2 Financial Capability EW FC1/2 | Healthy Lifestyles HSL HL1/2 | Managing Safety and Risk HSL MSR1/2 Digital Lifestyles HSL DL | Relationships & Sex Education HSL RS2 Drug Education HSL DE1/2 |
| Year 3 | Beginning and Belonging MMR BB3/4 | Family and Friends MMR FF3/4 Anti-bullying MMR AB3/4 | Diversity and Communities Cit DC3/4 | Managing Change MMR MC3/4 | Personal Safety HSL PS3/4 | Relationships & Sex Education HSL RS3 Drug Education HSL DE3/4 |
| Year 4 | Rights, Rules and Responsibilities Cit RR3/4 | My Emotions MMR ME3/4 Anti-bullying MMR AB3/4 | Working Together Cit WT3/4 Financial Capability EW FC3/4 | Healthy Lifestyles HSL HL3/4 | Managing Safety and Risk HSL MR3/4 Digital Lifestyles HSL DL | Relationships & Sex Education HSL RS 4 Drug Education HSL DE3/4 |
| Year 5 | Beginning and Belonging MMR BB5/6 | Family and Friends MMR FF5/6 Anti-bullying MMR AB5/6 | Diversity and Communities Cit DC5/6 | Managing Change MMR MC5/6 | Personal Safety HSL PS5/6 | Relationships & Sex Education HSL RS5 Drug Education HSL DE5/6 |
| Year 6 | Rights, Rules and Responsibilities Cit RR5/6 | My Emotions MMR ME5/6 Anti-bullying MMR AB5/6 | Working Together Cit WT5/6 Financial Capability EW FC5/6 | Healthy Lifestyles HSL HL5/6 | Managing Safety and Risk HSL MR5/6 Digital Lifestyles HSL DL5/6 | Relationships & Sex Education HSL RS6 Drug Education HSL DE5/6 |

Blue = Myself & My Relationships, Green = Healthy & Safer Lifestyles, Purple = Citizenship and Red = Economic Wellbeing.