

Heritage Park Primary School

PSHCE Scheme of Work – Year 2

Autumn 1	Spring 1	Summer 1
<p><u>Citizenship</u> <u>Rights, Rules & Responsibilities</u></p> <ul style="list-style-type: none"> • How do rules and conventions help me to feel happy & safe? • How do I take part in making rules? • Who looks after me and what are their responsibilities? • What jobs and responsibilities do I have in school and at home? • Can I listen to other people, share my views and take turns? • Can I take part in discussions and decisions in class? 	<p><u>Citizenship</u> <u>Working Together</u></p> <ul style="list-style-type: none"> • What am I and other people good at? • What new skills would I like to develop? • How can I listen well to other people? • How can I work well in a group? • Why is it important to take turns? • How can I negotiate to sort out disagreements? • How are my skills useful in a group? • What is a useful evaluation? RR 	<p><u>Healthy & Safer Lifestyles</u> <u>Managing Safety and Risk</u></p> <ul style="list-style-type: none"> • What are risky situations and how might I feel? • What is my name, address and phone number and when might I need to give them? • What is an emergency and who can help? • What makes a place or activity safe for me? • What are the benefits and risks for me when walking near the road, and how can I stay safer? • What are the benefits and risks for me in the sun and how can I stay safer? • What do I enjoy when I'm near water and how can I stay safer? • What are the risks for me if I am lost and how can I get help? • How can I help to stop simple accidents from happening and how can I help if there is an accident?
	<p><u>Economic Wellbeing</u> <u>Financial Capability</u></p> <ul style="list-style-type: none"> • Where does money come from and where does it go when we 'use' it? • How might I get money and what can I do with it? • How do we pay for things? • What does it mean to have more or less money than you need? • How do I feel about money? • How do my choices affect me, my family, others? • What is a charity? 	<p><u>Healthy & Safer Lifestyles</u> <u>E-Safety</u></p> <ul style="list-style-type: none"> • What are some examples of ways in which I use technology and the internet and what are the benefits? • What is meant by "identity" and how might someone's identity online be different from their identity in the physical world? • What are some examples of online content or contact which might mean I feel unsafe, worried or upset? • What sort of information might I choose to put online and what do I need to consider before I do so? • When might I need to report something and how would I do this?

		<ul style="list-style-type: none"> • What sort of rules can help to keep us safer and healthier when using technology? • Who can help me if I have questions or concerns about what I experience online or about others' online behaviour?
Autumn 2	Spring 2	Summer 2
<p><u>Myself & My Relationships</u> <u>My Emotions</u></p> <ul style="list-style-type: none"> • What am I good at and what is special about me? • How can I stand up for myself? • Can I name some different feelings? • Can I describe situations in which I might feel happy, sad, cross etc? • How do my feelings and actions affect others? • How do I manage some of my emotions and associated behaviours? • What are the different ways people might relax and what helps me to feel relaxed? • Who do I share my feelings with? <p><u>Myself & My Relationships</u> <u>Anti-bullying</u></p> <ul style="list-style-type: none"> • Why might people fall out with their friends? • Can I describe what bullying is? • Do I understand some of the reasons people bully others? • Why is bullying never acceptable or respectful? • How might people feel if they are being bullied? • Who can I talk to if I have worries about friendship difficulties or bullying? • How can I be assertive? • Do I know what to do if I think someone is being bullied? • How do people help me to build positive and safe relationships? • What does my school do to stop bullying? 	<p><u>Healthy & Safer Lifestyles</u> <u>Relationships and Sex Education</u></p> <ul style="list-style-type: none"> • How do babies change and grow? (Statutory NC Science Y2) • How have I changed since I was a baby? (Statutory NC Science Y2) • What's growing in that bump? (NC Science) • What do babies and children need from their families? • Which stable, caring relationships are at the heart of families I know? • What are my responsibilities now I'm growing up? 	<p><u>Myself & My Relationships</u> <u>Managing Change</u></p> <ul style="list-style-type: none"> • How are my achievements, skills and responsibilities changing and what else might change? • How might people feel during times of loss and change? • How do friendships change? • What helps me to feel calmer when I am experiencing strong emotions linked to loss and change? • How might people feel when they lose a special possession? • When can I make choices about changes?