

PE Curriculum Map (2018/19)
Heritage Park Primary School

Year Group	Autumn		Spring		Summer	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills
	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills
1	Dance	Multi Skills	Dance	Circus Skills	Games – Movement Activities	Balance, Agility & Co-ord.
	Games	Gym	Team Games	Gym	Running & Jumping	Throwing & catching
2	Dance	Multi Skills	Gym	Dance	Circus skills	Balance, Agility & Co-ord.
	Team games	Gym	Games	OAA	Running & Jumping	Throwing & catching
3	Dance	Gym	Dance	Gym	Multi Skills	Athletics Skills
	Inv Games	Team games Hock	Swimming	Swimming	OAA	Strik / Fielding Skills
4	Gym	Dance	Gym	Dance	Athletics Skills	Athletic skills
	Inv Games (Football)	Net / Wall (Mini-Tennis)	OAA	Super - Me	Invasion Game (Lacrosse)	Strik / Fielding Skills
5	Inv Games (Netball)	Net / Wall (Badminton)	OAA	Tri-Golf	Ath	Ath
	Gym	Dance	Challenge Act (Outdoor Fitness Circuit)	Leadership and Team Challenge	Swimming	Comp. Games Modified Str & F
6	Gym	Att & Defend Games	Strik & F	Cheerleading	Ath	Mini-Tennis
	Inv Games (Basketball)	Healthy Challenge Act (Outdoor Fitness Circuit)	Dance	Leadership and Team Challenge	OAA	Comp. Games Strik / Fielding